

## Allergens for Breakfast Menu

Big 9 Allergens Only: Peanuts, Tree Nuts, Milk, Soy, Wheat, Egg, Fish, Shellfish, Sesame

\*Cross-contamination is possible at all Food Service Sites

\*Manufacturer may produce food in a facility that handles allergens

Assorted Muffins	• Egg, Wheat
Cheez-It Crackers	• Milk, Soy, Wheat
Assorted Nutrigrain Bar	• Milk, Soy, Wheat
Assorted Pop-Tart	• Soy, Wheat
UBR Oatmeal Bar	• Egg, Milk, Soy, Wheat
Assorted Cereal Granola Bar	• Wheat, Soy

Golden Grahams  
Cereal Bowl

- Wheat

Trix Cereal Bowl

May Contain Wheat

Cocoa Puffs  
Cereal Bowl

- Wheat

Scooby Snack  
Graham

- Soy, Wheat

Banana Bread

- Wheat, Milk, Egg, Soy

Lemon Bread

- Wheat, Milk, Egg, Soy

Apple Frudel

- Wheat, Milk

Bagel

- Wheat

Benefit Bars

- Milk, Egg, Soy, Wheat

Strawberry Bagel Bites	<ul style="list-style-type: none"><li>• Wheat, Milk</li></ul>
Assorted Donuts	<ul style="list-style-type: none"><li>• Wheat, Soy, Milk, Egg</li></ul>
Jimmy Dean Breakfast Sandwich	<ul style="list-style-type: none"><li>• Milk, Egg, Soy, Wheat</li><li>• Contains PORK</li></ul>
Breakfast Burrito	<ul style="list-style-type: none"><li>• Milk, Wheat, Egg, Soy</li></ul>
Cinni Mini Rolls	<ul style="list-style-type: none"><li>• Wheat, Milk</li></ul>
String Cheese	<ul style="list-style-type: none"><li>• Milk</li></ul>
Assorted Yogurt	<ul style="list-style-type: none"><li>• Milk</li></ul>

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Nature Valley  
Oatmeal Bar

- Wheat, Milk, Soy, Egg

Cinn. Toast Crunch  
Cereal Bowl

- Wheat, Soy

Plain Cheerios Bowl

- None

Lucky Charms Cereal  
Bowl

- None

Apple Cinnamon  
Cheerios Cereal Bowl

- None

Blueberry Waffle

- Milk, Egg, Wheat